

BAE PRE-PROFESSIONAL DIVISION SPRING 2021  
LEVELS 4 AND UP SCHEDULE (Effective March 15th)

Level 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	4:45-6:15 PM		5:00-6:30 PM	4:30-6:15 PM	4:00-5:30 PM	11:15-12:45 PM
Pointe	6:30-7:30 PM		6:30-7:30 PM	6:30-7:30 PM	*5:45-6:45 PM	1:00-2:00 PM
Men's 4/5						12:45-2:00 PM
Stretch/Strength					*7:00-7:45 PM	
Modern						2:15-3:15 PM

Level 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	4:45-6:15 PM		5:00-6:30 PM	4:30-6:15 PM	4:00-5:30 PM	11:15-12:45 PM
Pointe	6:30-7:30 PM		6:30-7:30 PM	6:30-7:30 PM	5:45-6:45 PM	1:00-2:00 PM
Men's 4/5						12:45-2:00 PM
Stretch/Strength					*7:00-7:45 PM	
Modern						2:15-3:15 PM

Level 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	5:00-6:30 PM	5:15-6:45 PM	5:30-7:00 PM	5:30-7:30 PM	4:15-5:45 PM	1:30-3:00 PM
Pointe	6:45-7:45 PM	7:00-8:00 PM	7:00-8:00 PM	(pointe in center)	6:00-7:00 PM	11:00-12:00 PM
Stretch/Strength						3:30-4:30 PM
Modern						
Hip Hop					7:15-8:15 PM	
Optional Tech.		1:45-3:15 PM		2:30-4:00 PM	1:45-3:15 PM	

Level 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	5:00-6:30 PM	5:15-6:45 PM	5:30-7:00 PM	5:30-7:30 PM	4:15-5:45 PM	1:30-3:00 PM
Pointe	6:45-7:45 PM	7:00-8:00 PM	7:00-8:00 PM	(pointe in center)	6:00-7:00 PM	11:00-12:00 PM
Stretch/Strength						3:30-4:30 PM
Modern						
Hip Hop					7:15-8:15 PM	
Optional Tech.		1:45-3:15 PM		2:30-4:00 PM	1:45-3:15 PM	

Level 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	4:45-6:15 PM	5:00-6:30 PM	6:15-8:15 PM pte. ctr.	5:00-6:30 PM	5:45-7:15 PM	2:45-4:15 PM
Pointe	6:15-7:15 PM	6:45-7:45 PM		6:45-7:45 PM	7:30-8:30 PM	4:15-5:15 PM
Stretch/Strength						11:00-12:00 PM
Hip Hop	7:30-8:30 PM					
Optional Tech.		1:45-3:15 PM		2:30-4:00 PM	1:45-3:15 PM	

Level 9/10**	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	4:45-6:15 PM	5:00-6:30 PM	6:15-8:15 PM pte. ctr.	5:00-6:30 PM	5:45-7:15 PM	2:30-4:00 PM
Pointe	6:15-7:15 PM	6:45-7:45 PM		6:45-7:45 PM	7:30-8:30 PM	4:15-5:15 PM
Stretch/Strength						11:00-12:00 PM
Hip Hop	7:30-8:30 PM					
Optional Tech.		1:45-3:15 PM		2:30-4:00 PM	1:45-3:15 PM	

Mens 6+UP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technique	5:30-7:30 PM	4:00-5:30 PM	6:15-8:15 PM***	5:30-7:30 PM	7:00-8:45 PM	12:15-2:15 PM
Stretch/Strength						11:00-12:00 PM
Optional Tech.		1:45-3:15 PM		2:30-4:00 PM	1:45-3:15 PM	

\*Optional Classes

Level 4: Tuesday, 4:00 PM Virtual Modern

Level 4: Friday, 5:45 PM Hybrid Pointe

Level 4/5: Friday, 7:00 PM Hybrid Stretch

\*\*\*Men's 6+Up: Wednesday, Level 6 men should take the Level 6/7 class at 5:30 PM.

Important Notes:

All registered students may take additional lower level virtual classes at anytime.

Dress Code: Full dress code in-Studio. Respectable dress code when virtual

Students who do not fully adhere to the strict in-studio health and safety protocols will need to switch to virtual classes.

\*\*Level 10 is an honorary title for longtime students who represent the highest example of who a BAE student is in every way.

Schedule is subject to change.

**Key:**

IN STUDIO CLASSES  
AT HOME CLASSES